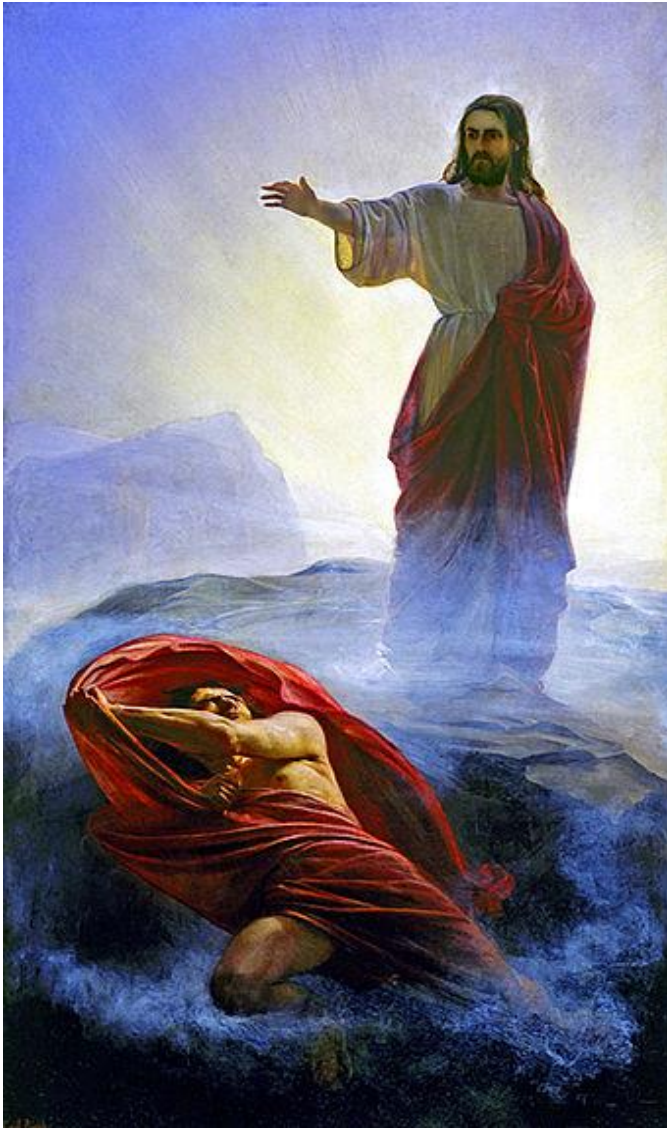


Sunday Gospel Reflection:

First Sunday of Lent

1. Sign of the Cross

2. Gospel: Mark 1:12-15 *“repent, and believe in the good news.”*



The Temptation of Jesus

¹² And the Spirit immediately drove him out into the wilderness. ¹³ He was in the wilderness forty days, tempted by Satan; and he was with the wild beasts; and the angels waited on him.

The Beginning of the Galilean Ministry

¹⁴ Now after John was arrested, Jesus came to Galilee, proclaiming the good news of God, ¹⁵ and saying, “The time is fulfilled, and the kingdom of God has come near; repent, and believe in the good news.”

3. Reflection: (reflect on your own or share together if with others)

1. What repentance is needed in your life right now?

2. What is the good news that Jesus brings?

3. How do you experience time in the desert in your life?

4. Share petitions that you would like to pray for: Finish with the Special Petition.

Special Petition: For all those preparing to enter the Catholic church at end of the Lenten season.

5. Lord’s Prayer

6. Sign of the Cross.