

Sunday Gospel Reflection

12th Sunday Ordinary Time

1. Sign of the Cross

2. Gospel: Matthew 10:26-33

“Do do not be afraid; you are of more value than many sparrows.”



Whom to Fear

²⁶ “So have no fear of them; for nothing is covered up that will not be uncovered, and nothing secret that will not become known. ²⁷ What I say to you in the dark, tell in the light; and what you hear whispered, proclaim from the housetops. ²⁸ Do not fear those who kill the body but cannot kill the soul; rather fear him who can destroy both soul and body in hell. ²⁹ Are not two sparrows sold for a penny? Yet not one of them will fall to the ground apart from your Father. ³⁰ And even

the hairs of your head are all counted. ³¹ So do not be afraid; you are of more value than many sparrows.

³² “Everyone therefore who acknowledges me before others, I also will acknowledge before my Father in heaven; ³³ but whoever denies me before others, I also will deny before my Father in heaven.

3. Reflection: (reflect on your own or share together if with others)

1. What brings most fear to you in life?
2. How do the opinions of others influence you?
3. In what ways have you felt the sense of being of great value in the eyes of God?

4. Share petitions that you would like to pray for: Finish with the Special Petition.

Special Petition: For all care givers.

5. Lord's Prayer

6. Sign of the Cross.